

THE ULTIMATE
PACKING
GUIDE & CHECKLIST

OUR ULTIMATE PACKING CHECKLIST

Destination:

Special Events:

Weather:



DOCUMENTS	Passport	Reservations + Address/Map	Bank Account Info	Funds/Money
	Visa	Transportation Tickets	Credit Debit ATM Card Info	Wallet
	Drivers License	Several Copies of Passport(s)	Membership Cards (AAA, Etc.)	US Currency
	International Drivers Permit	Prescriptions for Medicines	Insurance Cards	Foreign Currency
	Student ID	Prescription for Eye Glasses	Photos of Above Documents	Credit Card(s)
	Copy of Birth Certificate	Emergency Contact Info	Extra Passport Photos	Debit Cards(s)
	Immunization Records	Doctor Contact Info	Travel Guides	ATM Card(s)
	Marriage License	Dentist Contact Info	Maps	Money Belt + Neck Wallet

CLOTHES	Underwear	Long-Sleeve Shirts	Long-Sleeve UV Shirt	Footwear
	Bras + Sports Bra	Shorts	Scarf/Bandanna	Sandals
	Sleepwear	Board Shorts	Cover-Up/Sarong	Flip Flops
	Sweatpants	Travel Pants	Weatherproof Jacket	Casual Walking Shoes
	Socks	Jeans	Winter Hat + Scarf + Gloves	Dress Shoes
	T-Shirts	Gym Clothes	Hat/Sun Visor	Athletic Shoes
	Tank Tops	Hiking Socks + Shorts + Pants	Jewelry	Hiking Shoes/Boots
	Short-Sleeve Shirts	Swimsuit(s)	Belt(s)	Aqua Shoes

HYGIENE	Toiletry Bag	Towel + Face Cloth	Makeup Kit	Hand Sanitizer
	Toothbrush	Moisturizer	Facial Products	Baby Wipes
	Toothpaste + Mouthwash	Deodorant	Hair Products	Feminine Hygiene Products
	Dental Floss	Perfume/Cologne	Contacts + Solution + Case	Birth Control
	Shampoo + Conditioner	Hairbrush/Comb	Spare Glasses + Cloth + Case	Condoms + Lube
	Soap/Bodywash + Loofah	Pocket Mirror	Nail Clippers + File	Reusable Containers
	Shaving Gel + Razors	Cotton Pads & Swabs	Tweezers	Reusable Covers
	Talcum Powder	Grooming Device(s) + Kit	Scissors	Medicine Kit

HEALTHCARE	Prescription Medications	Sore Throat Medicine	Anxiety Medication	Band-Aids
	Vitamins & Supplements	Throat Lozenges	Upset Stomach Reliever	Crazy Glue
	Probiotics	Cough Drops	Anti-Diarrhea Pills	Eye Drops
	Medicine Case	Anti-Acid Pills	Laxative	Moleskin
	Headache Pain Reliever	Cold & Flu Medications	Sleeping Aids	First Aid Case
	Sinus Pain Reliever	Allergy Medications	Anti-Itch Lotion	
	Medication for Cramps	Motion Sickness Pills or Bands	Anti-Bacterial Ointment	
	Body Ache Pain Reliever	Altitude Sickness Pills	Foot Powder/Lotion	

ESSENTIALS	Packing Cubes	Sleep Mask	Notebook + Pen + Pencil	Rechargeable AA/AAA Batteries
	Expandable Compression Bag	Headlamp	Travel Journal	Rain Poncho
	Hanging Organizer	Travel Sheets	Reusable Notebook + Pens	Ziplock Bags
	Reusable Water Bottle	Flashlight	Business Cards	Multi-Tool
	Waterproof Dry Bag	TSA Luggage Locks	Watch	Laundry Bag
	Sunglasses & Case	Travel Towels	Neck Wallet/Travel Organizer	Sunscreen + After-Sun Lotion
	Ear Plugs	Padlocks	Digital Luggage Scale	Insect Repellent
	Travel Pillow	Digital Luggage Scale	Umbrella	First Aid Kit

OUR ULTIMATE PACKING CHECKLIST

Destination:

Special Events:

Weather:



LUGGAGE	Long-Term Luggage	Photo Gear Backpack	TSA Locks	Toiletries Case
	Short-Term Carry-On Luggage	Rain Covers for Backpacks	Waterproof Dry Bag	Medications Case
	Carry-On Backpack with Wheels	Cover for Suitcase	Expandable Compression Bag	First Aid Case
	Large Long-Term Backpack	Luggage Tags	Laundry Bag	Cable Storage Case
	Medium Short-Term Backpack	Hanging Organizer	Gym Bag	Mesh Bag(s)
	Daypack with Hydration	Packing Cubes		

ELECTRONICS	Laptop + Charger	Wireless Mouse	Wired Earbud Headphones	Network Cable
	Tablet + Charger	Wireless Keyboard	Noise Cancelling Headphones	
	Kindle + Charger	Laptop Stand	External USB Hard Drive	
	Mobile Phone + Charger	Universal Adapter	USB Thumb Drive	
	Waterproof Phone Case	Multi-Outlet Device	Extra Cables & Charger	
	Spare Mobile Phone + Charger	Powerstrip	Battery Pack(s)	
	Spare Memory Cards	Extension Cord	Wifi Antenna/ Range Extender	
	Bluetooth Speaker	2 to 3 Prong Adapter	Cable Storage Case	

PHOTO GEAR	Main Camera	Tripod Mini-Tripod Gimble	Waterproof Covers for Cameras	
	Backup Camera	Ballhead	Waterproof Cover for Backpack	
	Lens #1	LED Light	GoPro & Accessories	
	Lens #2	Camera Clip	Smartphone Accessories	
	Lens #3	Spare Camera Batteries	Drone & Accessories	
	Microphone	Cleaning Kit		
	Memory Cards			
	Filters			

MISCELLANEOUS	Laundry Bag	Mask + Snorkel + Fins	Luggage Tags	Mosquito Net
	Laundry Detergent	Beach Towel/Blanket	Passport Cover	Travel Iron
	Stain Remover	Platypus Collapsible Water Bag	Throw Away Wallet	
	Dryer Sheets	Microfiber Sunglass Bags	Bungee + Paracord	
	Sewing Kit & Buttons	Rain Cover for Backpack	Safety Pins	
	Universal Drain Stopper	Binoculars	Rubber Bands	
	Clothes Line	Gym Bag	Gorilla Duct Tape	
	Lint Brush		Gorilla Glue	

CARRY-ON BAG	Passport/Visa/ID	Valuables (i.e. jewelry)	Music	Reusable Water Bottle
	Notebook + Pen + Pencil	Laptop + Charger	Ear Plugs	In-Flight Medications
	Cash (US and Foreign)	Tablet + Charger	Eye Mask	Change of Clothes
	Credit + Debit + ATM Cards	Mobile Phone + Charger	Travel Pillow	Glasses + Case + Cleaner
	Insurance Cards (medical, travel, car)	Kindle + Books + Magazines	Travel Blanket	Sunglasses + Case
	House & Car Keys	Wired Earbud Headphones	Food + Snacks + Gum + Mints	Guidebooks + Maps
	Transportation Tickets	Noise Cancelling Headphones	Tissues (facial + toilet)	Language Guides
	Membership Cards	Camera Equipment	Hand Sanitizer	Magazines
	Itinerary	Audio Books	Baby Wipes	Playing Cards/Games
	Travel Documents	Videos	Lip Balm	Gifts

PACKING TIPS

The following are simple but practical packing tips and hacks based on decades of travel that should reduce the stress of packing and ensure you're prepared for your trip.

Make a packing list ... or just use ours.	Bring hiking SHOES instead of hiking BOOTS ... they're less bulky and often more useful.
Know your airline's baggage-fee policy.	Pack a hypoallergenic pillowcase (one that zips) to cover pillows and a sleeping liner to cover linens used by others.
Be weight conscious. Buy lightweight suitcase. Pack travel-sized items AND weigh your luggage on BOTH legs of the journey using a portable digital luggage scale.	Bring a mesh laundry bag that allows dirty and damp clothes to air out.
Don't pack books and magazines ... pack a Kindle or tablet instead.	Pack a couple single-use detergent packs, stain remover, and Febreze to give your clothes a quick refresh.
Pack dual-purpose garments. Wear layers and pack in layers.	Don't forget to pack a travel sewing kit (needles, thread, buttons, safety pins).
Use packing aids such as packing cubes, compression sacks, vacuum bags, zip lock bags, and envelopes.	Pack duct tape ... it has many uses and often helps you to get through your trip until you get back home.
Roll clothes ... don't fold.	If you're traveling abroad, pack an extension cord, a multiple outlet strip, 2 to 3 prong adapters, and a foreign plug adapter.
Use your shoes as storage. Socks can be rolled into balls and placed inside shoes for extra space.	Bring a sweater or hoodie ... you never know when the airport or plane is going to be very cold.
Slip shoes inside shower caps to keep them from dirtying your clothes.	If you have wheeled luggage, pack your heaviest items closest to the wheels ... it will make pulling the luggage easier on your arms.
Pack one multi-charge adapter for all devices instead of several different chargers.	If you have a backpack, put the heaviest items near the bottom and closest to your body to maximize the weight distribution for comfort.
Pack a scarf ... it has many uses.	Keep your valuable and essential belongings in your carry-on bag, not in your checked luggage. Your passport, identification, money, credit cards, jewelry, electronics, and other valuables should always be brought onto the plane with you.
Keep your jewelry neat by ... packing in small Ziploc bags.	Pack a small "first aid" kit with things like Tylenol, allergy medicine, eye drops, tissues, Emergen-C, etc. in your carry-on bag.
Press necklaces and bracelets in between sheets of plastic wrap to keep organized.	Always pack a spare change of clothes in your carry-on luggage too, just in case the worst happens and your checked bag is lost, stolen, or delayed.
Use reusable containers to bring your favorite toiletries and save money.	Pack in-flight essentials in a separate pouch (headphones, earplugs, snacks, etc.) making them easy to locate and remove quickly from your carry-on when boarding the plane and stowing your bag.
Cut a piece of plastic wrap and cover the opening of bottles before screwing the caps back on to prevent leakage then put it in a ziploc bag.	Keep your passport and wallet on your person.
When packing large bottles of liquids, wrap each in a diaper, and then put it in a plastic bag.	Take half of what you initially pack and twice as much money.
Always pack a few plastic baggies in different sizes ... they have many uses.	
Always carry a huge garbage bag.	
Be prepared for wet swimwear ... pack a large ziploc bag or plastic bag.	
Put several dryer sheets in your luggage to keep your clothes smelling fresh.	
Pack a spork to make your street food experiences easier and more enjoyable	

Disclosure: This list contains affiliate links, which means, at no extra cost to you, we receive a small commission when you click on certain links above, or if you make purchases as a result of visiting the retailers directly from our website. **Please note, we only recommend products that we truly love and would recommend to friends and family.**